



GROUP PRAYER METHODS

Request & Immediate Prayers

Take a request, have a volunteer pray for it right away, then move to the next. Stop when time is up.

Grouped Requests & Leader Prayer

Collect requests for the first 5-10 minutes, then pray over all of them yourself in the remaining time.

Note: Asking someone else to pray may lead to extended prayer time.

Prayer Categories Method

Prepare a list of common prayer categories (e.g., healing, provision, work complications, wisdom in relationships). *Note: This is helpful for groups that struggle to open up or when time is limited.*

- If short on time, read each category and ask for a show of hands
- If time allows, give those with hands raised the opportunity to volunteer specific details. Then, ask a volunteer to pray for everyone in the category
- If pressed for time, jot down names and pray over them yourself

Silent Prayer Intervals

After each request, ask everyone to bow their heads and pray silently for 30 seconds, then close with “Amen.” *Note: Avoid longer silent periods, especially in early morning or later evening meetings.*

Prayer Categories Method

Use each line of the Lord’s Prayer as a prompt:

- *Our Father in Heaven, holy is Your name:* Volunteers pray one-word names for God (faithful, loving, good...)
- *Thy kingdom come; Thy will be done:* Volunteers express their desire for God’s will in a situation
- *Give us this day...:* Volunteers briefly request needed provisions
- *Forgive us...:* Everyone silently offers prayers of repentance.
- *Lead us not into temptation...:* Volunteers ask God for help honoring Him in difficulty
- Leader closes with: *For thine is the kingdom and the power and the glory forever, Amen.*

Prompt by Name

Collect all of the requests. Then, explain that once heads are bowed you will prompt them with the name of each person who offered a request. After you give a name, allow two or three people to pray short prayers for that person. After 30 seconds or a minute of allowing people to pray, speak the next name aloud.

Praise and Thanksgiving

After collecting requests, begin prayer time with voluntary expressions of praise and thanksgiving. Close by praying for the specific requests yourself.

Single Phrase Response

Collect the requests and pray over each of them yourself. After each request is covered, say “Father” as a prompt for the group to respond with a designated, Biblical affirmation that you’ve given them in advance. For example, “Our hope is in you” (Psalm 39:7), “We trust in Your name” (Psalm 20:7), or “Give ear and hear” (1 Kings 19:16).

Note: Occasionally, invite those who are physically able to kneel with you during prayer. This can be used with any of the formats above.